



Dockside

The SCRC Newsletter | February 2026 Edition



As February unfolds, there's a renewed energy around the St. Catharines Rowing Club. While winter still has its grip outside, the action is heating up indoors as we officially kick off the indoor rowing competition season. This time of year challenges us in different ways — testing our strength, resilience, and mental focus — and it's exciting to see our athletes embracing the grind and representing our club with determination and pride.

This month also marks an important new chapter for our organization as we welcome our newly appointed Board of Directors. Their leadership, vision, and commitment will help guide the club through the coming season and beyond. We're grateful for the volunteers who continue to step forward to support our athletes, coaches, and community.

As we look ahead to the racing season on the water, February is all about building momentum — strengthening our foundation, setting ambitious goals, and coming together as a club. Here's to a strong start, new beginnings, and a competitive indoor season ahead!

2026 Annual General Meeting Recap

The St. Catharines Rowing Club recently hosted its Annual General Meeting (AGM), bringing together members to reflect on the club's progress throughout 2025 and to look ahead with purpose and ambition toward 2026.

The AGM provided an opportunity to celebrate the achievements of our athletes, coaches, volunteers, and supporters, while also reviewing key milestones in programming, fundraising, financials, membership growth, competitive results, and community engagement. Just as importantly, the meeting outlined a clear vision for the coming year — one focused on strengthening our development pathways, enhancing member experience, supporting competitive excellence, and continuing to build a strong, sustainable future for SCRC.

A key highlight of the evening was the election of six new Board Member positions, helping to shape the 2026 Board of Directors. We are pleased to introduce the 2026 Board of Directors for the St. Catharines Rowing Club:

- Dave Derry – President
- Karl Bowley - Treasurer
- Chris Blackwood – Secretary
- Brent Carpenter – VP Rowing
- Brian Fisher – VP Finance
- Louise Hastings – VP Fundraising
- Brian Thorne – VP Membership
- Kate Hingston – VP Special Projects
- Lindsay Hueston – VP Communications
- Sam Baio - Director
- Stephanie Robinson – Director
- Dave White - Director
- Heather Talbot – Director
- Stephanie Mowder – Director
- Christine Phillips – Director

We extend our sincere thanks to all candidates who stepped forward and to the membership for their engagement in the process. The strength of

our club lies in the dedication of volunteers willing to lead, collaborate, and invest their time in supporting our athletes and community.

As we move into 2026, this new Board brings a wealth of experience, energy, and commitment. Together, they will guide the St. Catharines Rowing Club into another exciting year of growth, competition, and community impact.

We look forward to what's ahead.

Club Athletes Shine at HOCR 4702 Ergatta

On February 1, 2026, our club athletes competed in the HOCR 4702 Ergatta held at the NCRC, showcasing talent across categories from U15 to Masters 70+. A few athletes also took on the challenge of the C2 Bikes, demonstrating versatility and endurance.

Top Finishes Include:

- M Sr. Masters 40-49: Fraser Berkhout – 5th place
- M U19: Domenico Patitucci – 5th place
- M U15: Coen Root – 1st place
- W U19: Karina Biktimirova – 1st place
- W U19: Kaylee Giesbrecht – 2nd place
- W U19: Isabella Essig – 5th place
- W U17: Ashley De Silva Piques – 2nd place
- W Open Masters BikeErg: Lisa Bos – 4th place
- M Youth BikeErg: Avery Haddon – 4th place
- M Youth BikeErg: Sam Cooper – 5th place
- W Youth BikeErg: Sarah Vandervaart – 5th place

Following the Ergatta, athletes who participated in the C2 Million Meter Erg world record were awarded their official T-shirts, generously sponsored by Romby's.



Hammer the Erg

Athletes from across the region recently gathered at St. Marys Secondary School for the Hammer the Erg Competition, an exciting indoor rowing event that brought together a wide range of ages and abilities.

With race categories spanning from U17 to Masters, the competition showcased both developing and experienced athletes. Special divisions such as Recreational Adult and CrossFit also provided an opportunity for those new to competitive rowing to step onto the erg and experience the challenge of race day in a welcoming and supportive environment.

From seasoned competitors to first-time racers, the event highlighted the inclusivity and competitive spirit of the indoor rowing community.

Results can be found by [clicking here](#)

15th Annual Dennis Morris Novice Sprints Ergatta

The St. Catharines Rowing Club was excited to host the 15th Annual Dennis Morris Novice Sprints Ergatta, a competition created especially for first-year rowers who began the sport this season.

This 1500m race format gives novice athletes the opportunity to compete against others with the same level of experience, offering a supportive introduction to race-day intensity while still delivering a true test of strength, pacing, and determination. For many, it marked their very first competition — an important milestone in their rowing journey.

Thank you to our coaches and volunteers for making the event possible, and congratulations to all athletes who stepped up to race.

Results - Sr Women

Results - Junior 145 Women

Results - Jr Men Open

Rudernkrieg

We're excited to once again take part in the annual Rudernkrieg Regatta, one of Niagara's most spirited indoor rowing competitions. Held each winter in the Niagara region, Rudernkrieg brings together junior and club athletes for a high-energy day of racing on the ergometers.

The name Rudernkrieg — German for “rowing war” — perfectly captures the competitive intensity and team pride that define this event. With athletes racing head-to-head across age categories, it's an opportunity to test fitness, sharpen race strategy, and build momentum ahead of the spring racing season.

Rudernkrieg has become an important fixture on the local rowing calendar, showcasing the depth of talent in our region and reinforcing the strong rowing tradition that Niagara is known for. Whether it's a first race experience or a seasoned competitor chasing a personal best, the event delivers excitement from the first start to the final sprint.

 View full results here:

COXSWAINS FINAL

JUNIOR MEN 66KG FINAL

JUNIOR MENS 72KG FINAL

JUNIOR MENS OPEN FINAL

JUNIOR WOMENS 59KG FINAL

JUNIOR WOMENS 63KG FINAL

JUNIOR WOMENS OPEN FINAL

SENIOR MENS 66KG FINAL

SENIOR MENS 72KG FINAL

SENIOR MEN OPEN FINAL

SENIOR WOMEN 59KG FINAL

SENIOR WOMEN 63KG FINAL

SENIOR WOMEN OPEN FINAL



Nancy Storrs Ontario Indoor Rowing Championships

Mark your calendars for the last indoor rowing competition of the season, and the biggest!

The Nancy Storrs Ontario Indoor Rowing Championships will take place at Ridley College on **Saturday, February 28.**

Below is the preliminary race draw. Come out and support our SCRC competitors!

**2026 Ontario Indoors Race Dray
(Preliminary)**

Rombys Fundraiser a Great Success

A big thank you to Romby's for supporting SCRC through their recent community fundraiser! Throughout the promotion, the restaurant featured a weekly cheeseburger and fries special, generously donating \$1 from every meal sold directly to our club.

Thanks to the incredible support from our members, families, and the wider community, the fundraiser raised **\$700 for SCRC.** These funds were used to cover the cost of the Million Meters World Record T-shirts that were presented to our athletes last month — a meaningful way to recognize their dedication and hard work.

We're grateful to Romby's for partnering with us and to everyone who came out to enjoy a meal while supporting the club. Community support like this truly makes a difference!



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Tavern & Smokehouse

JANUARY
FUNDRAISER

**Wednesday
Bacon
Cheeseburger
Special**
Served with fries
\$9

WITH \$1 FROM
EVERY BURGER
SPECIAL TO
SUPPORT
ST CATHARINES
ROWING CLUB

* Beverage must be purchased
* Dine-in only

ST CATHARINES ROWING CLUB
FORCE AHEAD

From the SCRC Shop: *Featured Product*



SCRC - Cambridge Jacket - M

Stay warm and stylish in the SCRC Cambridge jacket. Constructed with 100% Polyester, this sleek and lightweight jacket features a nylon sleeve liner and double-needle stitching for stylish and durable wear. Enjoy superior insulation and optimal breathability for a comfortable experience in any weather.

\$139.95

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